



# Reading Therapies Group

Established 1986

## Programme for 2020

Date	Title	Speaker
14 January	CBT for OCD and Phobias (	Lisa Thomson
11 February	Psychotherapists as Agents of Equality and Social Change - a focus work with socially excluded young people and people with learning disabilities	Tamsin Cottis
10 March	Using EMDR Therapy with Individuals in an Acute Mental Health Crisis	Simon Proudlock
<u>Workshop</u> <u>Half-</u> <u>Saturday</u> 21 March	Understanding & Recognising Sex and Porn Addiction	Justin Marsh
21 April	AGM, 7.30-9.30pm	All members welcome
12 May	Psychoanalysis in an age of transparency ,	Rosemary Rizq
9 June	Pluralism in Psychotherapy	Mick Cooper
13 October	An examination of therapist's subjectivity when working with emergence of transgenerational trauma	Helena Hargaden
<u>Workshop</u> <u>Half-</u> <u>Saturday</u> 21 November	Neuronal network during attachment	Susan Mizen
10 November	S.O.S Recovery - Contemp. Psychotherapy model for whole-brain healing from trauma and facilitating post traumatic growth	Pamela Gawler-Wright
8 December	Dark Times: Psychoanalytic Perspectives on Politics, History, and Mourning	Jonathan Sklar

£10 on the door for non-members.

Reading Therapies Group, 2 Ribbleton Close, Earley, Berkshire RG6 7XW  
<http://www.readingtherapiesgroup.org.uk/> 07999 524535



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## Membership 2020

Dear Member,

Welcome to our 2020 Programme. We are delighted that you are joining RTG this year. We appreciate the commitment of our longstanding members as well as those who are new to RTG. We hope you enjoy your membership and will find it useful both professionally and socially.

This year we, as always, have drawn inspiration from your comments and suggestions in putting our programme together. We hope it will be exciting and inspiring. We try to bring diverse speakers and cover a variety of topics. In addition to our evening seminars we will again run two half-Saturday workshos, which proved popular last year .

We are very pleased to report that RTG finances are in a healthy state which enables us to keep our membership fees at 2015 figures. We believe it is of great value for 12 hours of CPD and workshop discounts. We continue offering a £5 discount if you choose to join us before the **31st December 2019**.

New Membership Packs are available for collection at our meetings and online. Applications can be posted to the address below or handed in to any committee member at our meetings. We look forward to seeing you at our forthcoming events.

With all best wishes for the coming year,

Katrina Likhtman, MBACP Accredited, .BA, MA in Sociology and Cultural Studies  
RTG Chair

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## Committee News



RTG Committee's main focus is on delivering high quality CPD for our members. We aim to bring speakers from diverse fields and organisations, and hope our programmes continue reflecting that.

In April Anita Spark stepped down from her role of Treasurer after 10 years and being a committee member for 12. We express our sincere gratitude for her generous contribution and dedication to this work. Committee roles therefore have been redistributed. Jo is our new Treasurer while Catherine is our new Communication Secretary. Please note our new email address, which you need to use for any queries. Carola will take care of our feedback forms while Peter continues looking after RTG website, which is regularly updated and in a great shape. We are grateful to all committee members for taking on all these roles. We, as always, are very grateful to Ann Vodden for her continuing dedication in providing us with CPD certificates.

Due to our new contract with the university, we unfortunately are unable to provide refreshments for our evening seminars. However we took a decision to use the university's catering services for our workshops which worked well.

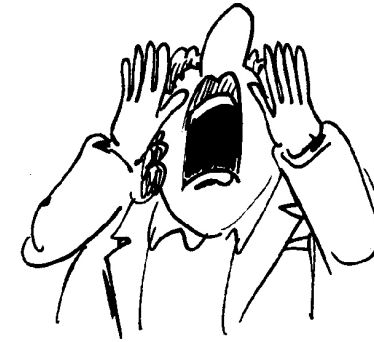
We currently have 6 dedicated long standing members on the team, and always look for new people who could bring fresh energy and ideas to the committee. We welcome anyone interested to join us, students or qualified therapists. Please talk to one of us if you would like to help (further details are on the **Committee Page**). We also welcome contributions from all members on how to make our membership more enjoyable.

### Contacting the committee:

Chair:	Katrina Likhtman	k.likhtman@gmail.com
Deputy	Kim Parish	k.parish@btconnect.com
Communication Secretary	Catherine Winchester	catherine.winchester@gmail.com
Treasurer:	Jo Marsh	ajmarsh@btopenworld.com
IT	Peter Weston	peterjweston@gmail.com
Data Analyst	Carola Percival	carolapercival@gmail.com

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## RTG Committee



### Come and join us!

We currently have committee vacancies and would be delighted if you joined us. You will have a chance to participate in making decisions about the present and the future of RTG. You will have a chance to communicate with interesting speakers and leading therapeutic organisations. We meet 2 - 3 times a year for 2 hours on Tuesday evenings, 7.30 - 9.30pm, currently in Caversham. CPD certificates for this work are provided. Additional time spent on RTG related work can also be counted towards your CPD. Please check with your regulatory body how that should be recorded.

RTG is an organisation for you and our AGM is when we make important decisions. We very much appreciate your involvement, so please come and join us. CPD certificates are provided for attending AGM. Minutes of AGM are available on members' request.

Please come and talk to any committee member if you are interested in joining our committee. Alternatively call 07999 524535 or email [k.likhtman@gmail.com](mailto:k.likhtman@gmail.com)

**RTG Membership Application Form**  
 Renewal /  New Member for Jan-Dec 2020

Please complete the form and hand it to any committee member at one of our evening events .

Alternatively, return by post to:

Reading Therapies Group  
2 Ribbleton Close  
Earley  
Berkshire  
RG6 7XW

Surname..... First Name.....

Address

.....

.....

..... Post Code.....

Contact number: .....

Email address: .....

By giving my email address I give permission for RTG emails to be sent to my email address

**Membership Fees**

**Early Bird Membership (before 31st December 2019)**

Full Membership            £45.00      
Student Membership        £30.00   

**2019 Membership Fees (from 1st January 2020)**

Full Membership            £50.00      
Student Membership        £35.00   

**Modality**

Please indicate the modality you are registered to practice:

Adlerian, CBT, CAT, Brief , Cognitive , Eclectic , Existential,  
Family, Gestalt, Humanistic, Integrative, Jungian, NLP,  
Person Centred, Psychoanalysis, Psychodynamic, Psychosynthesis,  
Solution Focused, Systemic, TA, Transpersonal, Other:

Please refer to **Payment Page** for ways of payments

